

Japan's Unique Approach to Playtime

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[Trevor Williams](#) is exceptional at pushing the boundaries of his comfort zone and at photographing other people that do the same. Managing energetic kindergarteners that just want to play is tough, but what the kids themselves are doing in school is much harder: unicycling, walking on stilts, gymnastics, and a host of other activities you won't find on any other country's curriculum. Japanese elementary education aims to instill grit and teach perseverance to children through activity - all while fostering their childhood love of playtime. By learning to unicycle at a young age, and taking care of equipment, they learn the importance of practice and responsibility and grow into mindful, determined adults with stronger principals.